

# OCTOBER | 2025

**WHHS**



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<b>29</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Chicken Wrap w/Fries or Pizza Crunchers Fresh Veggies Fruit & Milk	<b>30</b> Muffin/Cheesestick Fruit/Juice/Milk  General Tso's w/Broccoli & Salad or Pizza Sticks w/Marinara Fresh Veggies Fruit & Milk	<b>1</b> Uncrustable Fruit/Juice/Milk  Chicken Strips w/Mac-n- Cheese, Peas or Orange Chicken Rice Bowl w/Veggies Carrots Fruit & Milk	<b>2</b> Flapstick Fruit/Juice/Milk  Cheeseburger w/Tater Tots or Pulled Pork Tater Bowl Baked Beans Fruit & Milk	<b>3</b> Cinn. Cream Cheese Bagel Fruit/Juice/Milk  Taco Pizza w/Refried Beans & Chips or Stuffed Crust Pizza Corn/Veggies Fruit & Milk
<b>6</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Breakfast Sandwich w/Hash Brown & Carrots or Pizza Crunchers w/Marinara Cup Veggies Fruit & Milk	<b>7</b> Muffin/Cheesestick Fruit/Juice/Milk  General Tso's w/Broccoli & Romaine Salad or Pizza Sticks w/Marinara Cup Veggies Fruit & Milk	<b>8</b> Uncrustable Fruit/Juice/Milk  Chicken Fajita Bowl w/Black Beans & Carrots or Mini Quesadillas w/Salsa Cup Veggies Fruit & Milk	<b>9</b> Flapstick Fruit/Juice/Milk  Hot Ham & Cheese Sandwich w/Cheesy Potatoes & Corn or Mini Corn Dogs w/Fries Fruit & Milk	<b>10</b> Cinn Cream Cheese Bagel Fruit/Juice/Milk  Buffalo Chicken Pizza w/Romaine Salad & Green Beans or Stuffed Crust Pizza w/Veggies Fruit & Milk
<b>13</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Chicken Nuggets w/Ranch Rice & Caesar Salad & Green Beans or Hot Pretzel w/Cheese Cup & Veggies Fruit & Milk	<b>14</b> Muffin/Cheesestick Fruit/Juice/Milk  General Tso's w/Broccoli & Romaine Salad or Pizza Sticks w/Marinara Cup Veggies Fruit & Milk	<b>15</b> Uncrustable Fruit/Juice/Milk  Knight's Nacho Supreme or Egg Rolls & Fried Rice Veggies Fruit & Milk	<b>16</b> Flapstick Fruit/Juice/milk  Cheeseburger w/Baked Beans or Honey Sriracha Wings Baked Fries Fruit & Milk	<b>17</b>  <b>NO SCHOOL</b> <b>TEACHER INSERVICE</b>
<b>20</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Chicken Patty Sandwich w/Tater Tots & Green Beans or Pizza Crunchers w/Marinara Cup & Veggies Fruit & Milk	<b>21</b> Muffin/Cheesestick Fruit/Juice/Milk  General Tso's w/Broccoli & Romaine Salad or Pizza Sticks w/Marinara Cup Veggies Fruit & Milk	<b>22</b> Uncrustable Fruit/Juice/Milk  Chicken Bowl, Carrots & B&B or Pasta Bowl w/Chicken Alfredo or Meatball/Marinara Veggies Fruit & Milk	<b>23</b> Flapstick Fruit/Juice/Milk  Meatball Sub w/Fries & Peas or Loaded Fries Veggies Fruit & Milk	<b>24</b> Cinn Cream Cheese Bagel Fruit/Juice/Milk  Quesadilla w/Salsa & Chips – Green Beans or Stuffed Crust Pizza w/Veggies Fruit & Milk
<b>27</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Tomato Soup w/Grilled Cheese Sandwich & 7 Layer Salad or Hot Pretzel w/Cheese Cup & Veggies Fruit & Milk	<b>28</b> Muffin/Cheesestick Fruit/Juice/Milk  General Tso's w/Broccoli & Romaine Salad or Pizza Sticks w/Marinara Cup Veggies Fruit & Milk	<b>29</b> Uncrustable Fruit/Juice/Milk  French Toast/Sausage/Hash Brown & Carrots or Calzone w/Marinara Cup Veggies Fruit & Milk	<b>30</b> Flapstick Fruit/Juice/Milk  Cheeseburger w/Baked Beans or Chicken Strips Baked Fries Fruit & Milk	<b>31</b> Cinn Cream Cheese Bagel Fruit/Juice/Milk  Buffalo Chicken Pizza w/Romaine Salad or Stuffed Crust Pizza Veggies Fruit & Milk

### **News**

#### **No School**

**Fri., Oct. 17<sup>th</sup>**  
**Teacher Inservice**

#### **Parent Teacher Conference**

**HS/MS – Oct. 13<sup>th</sup> & 15<sup>th</sup>**  
**Elem. – Oct. 14<sup>th</sup> & 16<sup>th</sup>**

#### **Breakfast Served Daily**

**\$1.50**  
**Lunch**  
**\$3.25**

### **Reminder**

***Free/Reduced***  
***Applications need filled***  
***out Yearly***

**Student meals and Fees**  
**can be paid online at**  
**[payschoolscentral.com](https://payschoolscentral.com)**

#### **Milk Served Daily**

**1% White & Chocolate**

**Chef Salad, Peanut Butter**  
**or Muffin Lunch Served**  
**Daily with Veg., Fruit,**  
**Grain & Milk**

**USDA is an equal opportunity**  
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