

# OCTOBER | 2025

## WHMS



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>29</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Chicken Bowl w/B&B or Chicken Patty Sandwich Baked Fries Corn Fruit & Milk	<b>30</b> Muffin/Cheesestick Fruit/Juice/Milk  Chicken Quesadilla or Talking Taco Refried Bean Dip w/Chips Carrots Fruit & Milk	<b>1</b> Uncrustable Fruit/Juice/Milk  Fish Sand. w/Green Beans or Chicken Fajita Sub Tater Tots Fruit & Milk	<b>2</b> Flapstick Fruit/Juice/Milk  General Tso w/Rice & California Blend - B&B or Cheeseburger w/Onion Rings Fruit & Milk	<b>3</b> Cinn. Cream Cheese Bagel Fruit/Juice/Milk  Grilled Pepperoni Sandwich or Pepperoni Pizza Romaine Salad Corn Fruit & Milk
<b>6</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Chicken Nuggets w/Fries or Mashed Potatoes w/Gravy Green Beans B&B Fruit & Milk	<b>7</b> Muffin/Cheesestick Fruit/Juice/Milk  Beef Soft Taco or Taco Pizza Refried Bean Dip w/Chips Carrots Fruit & Milk	<b>8</b> Uncrustable Fruit/Juice/Milk  French Toast Sticks or Breakfast Sandwich Hashbrown/Celery Fruit & Milk	<b>9</b> Flapstick Fruit/Juice/Milk  Meatball Sub or Deli Sub Onion Rings Broccoli Fruit & Milk	<b>10</b> Cinn Cream Cheese Bagel Fruit/Juice/Milk  Pepperoni or Stuffed Crust Pizza Romaine Salad Corn Fruit & Milk
<b>13</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Chicken Ranch Wrap or Sriracha Wings Baked Fries Green Beans Fruit & Milk	<b>14</b> Muffin/Cheesestick Fruit/Juice/Milk  Sloppy Nachos or Quesadilla Refried Bean Dip w/Chips Carrots Fruit & Milk	<b>15</b> Uncrustable Fruit/Juice/Milk  Hot Ham & Cheese Sandwich or BBQ Rib Patty Onion Rings Cole Slaw Fruit & Milk	<b>16</b> Flapstick Fruit/Juice/Milk  Grilled Pepperoni Sandwich or Pizza Sticks Romaine Salad Corn Fruit & Milk	<b>17</b>  <b>NO SCHOOL TEACHER INSERVICE</b>
<b>20</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Cheeseburger or Hot Dog French Fries Baked Beans Fruit & Milk	<b>21</b> Muffin/Cheesestick Fruit/Juice/Milk  Taco Pizza or Chicken Fajita Bowl Cowboy Salsa w/Chips Cooked Carrots Fruit & Milk	<b>22</b> Uncrustable Fruit/Juice/Milk  Corn Dog w/Mac-n-Cheese & Peas or Buffalo Chicken Pizza Romaine Salad Fruit & Milk	<b>23</b> Flapstick Fruit/Juice/Milk  Pork Tater Bowl or Pulled Pork Sandwich Cole Slaw Fruit & Milk	<b>24</b> Cinn Cream Cheese Bagel Fruit/Juice/Milk  Cheese Pizza or Pepperoni Pizza Romaine Salad Corn Fruit & Milk
<b>27</b> Zee Zee Bar/Cheesestick Fruit/Juice/Milk  Chicken Bowl or Cheeseburger B&B Corn & Fries Fruit & Milk	<b>28</b> Muffin/Cheesestick Fruit/Juice/Milk  Quesadilla or Walking Taco Refried Bean Dip w/Chips Carrots Fruit & Milk	<b>29</b> Uncrustable Fruit/Juice/Milk  Pasta Bar w/Marinara or Alfredo Sauce – Chicken & Broccoli or Chili w/Grilled Cheese Fruit & Milk	<b>30</b> Flapstick Fruit/Juice/Milk  <b>COOK'S CHOICE</b>  Fruit & Milk	<b>31</b> Cinn Cream Cheese Bagel Fruit/Juice/Milk  Stuffed Crust Pizza or Pizza Sticks w/Marinara Romaine Salad Corn Fruit & Milk

### News

**No School**  
**Fri., Oct. 17<sup>th</sup>**  
**Teacher Inservice**

### Parent Teacher Conference

**HS/MS – Oct. 13<sup>th</sup> & 15<sup>th</sup>**  
**Elem. – Oct. 14<sup>th</sup> & 16<sup>th</sup>**

**Breakfast Served Daily**  
**\$1.50**  
**Lunch**  
**\$3.25**

### Reminder

**Free/Reduced**  
**Applications need filled**  
**out Yearly**

**Student meals and Fees**  
**can be paid online at**  
**payschoolscentral.com**

**Milk Served Daily**  
**1% White & Chocolate**

**Peanut Butter or Yogurt**  
**Lunch Served Daily with**  
**Veg., Fruit, Grain & Milk**

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