

SEPTEMBER | 2022



WHHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Poptart/Cheese stick Fruit/Juice/Milk Honey Sriracha Wings w/Baked Fries or Chicken Bowl – B&B Carrots & Dip Fruit & Milk	30 Breakfast Bar/Go Gurt Fruit/Juice/Milk Pulled Pork Tater Tot Bowl or Pizza Sticks w/Marinara w/Salad Green Beans Fruit & Milk	31 Uncrustable/Cheese stick Fruit/Juice/Milk Walking Taco or Yumasetti B&B Corn Carrots Fruit & Milk	1 Waffle/Go Gurt Fruit/Juice/Milk Chicken Patty Sand. Or Cheeseburger Baked Fries Cole Slaw Fruit & Milk	2 Superbun/Cheese stick Fruit/Juice/Milk Both Sides Stuffed Crust Pizza Corn 7 Layer Salad Fruit & Milk
5 NO SCHOOL LABOR DAY	6 Breakfast Bar/Go Gurt Fruit/Juice/Milk Both Sides Chicken Nuggets w/Mashed Pot. & Gravy or Baked Fries Carrots – B&B Fruit & Milk	7 Uncrustable/Cheese stick Fruit/Juice/Milk Corn Dog w/Mac & Cheese or Buffalo Chicken Pizza Corn Salad Fruit & Milk	8 Waffle/Go Gurt Fruit/Juice/Milk Hot Ham & Cheese Sand. Or Chicken Ranch Wrap Au gratin Potatoes Carrots Fruit & Milk	9 Superbun/Cheese Stick Fruit/Juice/Milk Pepperoni Pizza or Stuffed Crust Pizza Green Beans Caesar Salad Fruit & Milk
12 Poptarts/Cheese stick Fruit/Juice/Milk Hot Dog w/Tater Tots & Green Beans or Salad Bar w/Popcorn chicken & Breadstick Fruit & Milk	13 Breakfast Bar/Go Gurt Fruit/Juice/Milk Chicken Quesadilla w/Salsa & Chips or General Tso's Broccoli – Carrots B&B Fruit & Milk	14 Uncrustable/Cheese stick Fruit/Juice/Milk Beef Soft Taco w/Refried Bean Dip & Chips or Chicken Fajita Bowl w/Black Beans Carrots Fruit & Milk	15 Waffle/Go Gurt Fruit/Juice/Milk Meatball Sub or Cheeseburger Baked Fries Cole Slaw Fruit & Milk	16 Superbun/Cheese stick Fruit/Juice/Milk Both Sides Stuffed Crust Pizza Corn Salad Fruit & Milk
19 Poptart/Cheese stick Fruit/Juice/milk Chicken Bowl w/B&B or Honey Sriracha Wings w/Fries Carrots Fruit & Milk	20 Breakfast Bar/Go Gurt Fruit/Juice/Milk Pizza Sticks w/Marinara or Yumasetti w/B&B Green Beans Carrots Fruit & Milk	21 Uncrustable/cheese stick Fruit/Juice/Milk Taco Pizza w/Salsa & Chips or Chicken Alfredo w/Breadstick Corn Salad Fruit & Milk	22 Waffle/Go Gurt Fruit/Juice/Milk Hot Ham & Cheese Sand. Or Pulled Pork Tater Tot Bowl w/B&B Baked Beans Fruit & Milk	23 Superbun/Cheese stick Fruit/Juice/Milk Both Sides Pepperoni Pizza Green Beans 7 Layer Salad Fruit & Milk
26 Poptart/Cheese stick Fruit/Juice/Milk Sloppy Joe Sandwich w/Onion Rings & Green Beans or Taco Salad Bar w/Nacho Chips Fruit	27 Breakfast Bar/Go Gurt Fruit/Juice/Milk Chicken Rand Wrap or General Tso's w/B&B Broccoli Carrots Fruit & Milk	28 Uncrustable/Cheese stick Fruit/Juice/Milk Walking Taco w/Breadstick & Black Beans or French Toast Hash Brown/Sausage Carrots Fruit & Milk	29 Waffle/Go Gurt Fruit/Juice/Milk Corn Dog or Cheeseburger Baked Fries Baked Beans Fruit & Milk	30 Superbun/Cheese stick Fruit/Juice/Milk Both Sides Stuffed Crust Pizza Corn Caesar Salad Fruit & Milk

News

NO SCHOOL LABOR DAY

Mon. Sept. 5th

REMINDERS

-Complete
Free/Reduced
Applications.

-If you received a Direct
Certification Letter
please sign & return to
the school.

**Breakfast - \$1.25
Reduced - \$0.20**

**Lunch - \$3.00
Reduced - \$0.40**

Milk Served Daily
1% White & Chocolate

Chef Salad, Peanut Butter
or Yogurt Lunches Served
Daily with Fruit, Veg.,
Grain and Milk.

This Institution is an Equal
Opportunity Provider.