



# MARCH | 2023

## WHMS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>27</b>	Muffin/Cheese stick Fruit/Juice/Milk  Cheeseburger or Hot Dog Baked Fries Baked Beans Fruit & Milk	<b>28</b>	Poptart/Cheese stick Fruit/Juice/Milk  Taco Pizza w/Cowboy Salsa & Chips or Sloppy Nacho's Cooked Carrots Fruit & Milk	<b>1</b>	Zee Zee Bar/Cheese stick Fruit/Juice/Milk  Italian Sub or Chicken Patty Sandwich Tater Tots Peas Fruit & Milk	<b>2</b>	Uncrustable/Cheese stick Fruit/Juice/Milk  General TSO's w/Roll or Buffalo Chicken Pizza Celery Sticks & Dip Fruit & Milk	<b>3</b>	Super Donut/Cheese stick Fruit/Juice/Milk  Pepperoni Pizza or Stuffed Crust Pizza Romaine Salad Corn Fruit & Milk
<b>6</b>	Muffin/Cheese stick Fruit/Juice/Milk  Chicken Nuggets w/Mashed Potatoes & Gravy – B&B or Cheeseburger w/Baked Fries Green Beans Fruit & Milk	<b>7</b>	Poptart/Cheese stick Fruit/Juice/Milk  Chicken Quesadilla or Walking Taco Refried Bean Dip w/Chips Carrots Fruit & Milk	<b>8</b>	Zee Zee Bar/Cheese stick Fruit/Juice/Milk  Salad Bar w/Chicken Tenders or Pasta Bar w/Marinara or Alfredo Romaine Salad – B&B Fruit & Milk	<b>9</b>	Uncrustable/Cheese stick Fruit/Juice/Milk  Cook's Choice Veggies & Dip Fruit & Milk	<b>10</b>	Super Donut/Cheese stick Fruit/Juice/Milk  Both Sides Stuffed Crust Pizza 7 Layer Salad Corn Fruit & Milk
<b>13</b>	Muffin/Cheese stick Fruit/Juice/Milk  Chicken Bowl w/Mashed Potatoes & Gravy – Roll or Cheeseburger Fries - Corn Fruit & Milk	<b>14</b>	Poptart/Cheese stick Fruit/Juice/Milk  Taco Pizza or Chicken Fajita Bowl Cowboy Salsa w/Chips Cooked Carrots Fruit & Milk	<b>15</b>	Zee Zee Bar/Cheese stick Fruit/Juice/Milk  Breakfast Sandwich or Flapstick Hash Brown Green Beans Fruit & Milk	<b>16</b>	Uncrustable/Cheese stick Fruit/Juice/Milk  Meatball Sub or Hot Ham & Cheese Sandwich Onion Rings Peas Fruit & Milk	<b>17</b>	Super Donut/Cheese stick Fruit/Juice/Milk  Pepperoni Pizza and Galaxy Pizza Romaine Salad Corn Fruit & Milk
<b>20</b>	Muffin/Cheese stick Fruit/Juice/Milk  Cheeseburger or Hot Dog Baked Fries Green Beans Fruit & Milk	<b>21</b>	Poptart/Cheese stick Fruit/Juice/Milk  Chicken Quesadilla or Beef Soft Taco Refried Bean Dip w/Chips Carrots Fruit & Milk	<b>22</b>	Zee Zee Bar/Cheese stick Fruit/Juice/Milk  Pulled Pork Sandwich w/Tater Tots or Loaded Pork Tots Cole Slaw Fruit & Milk	<b>23</b>	Uncrustable/Cheese stick Fruit/Juice/Milk  Cook's Choice Veggies & Dip Fruit & Milk	<b>24</b>	Super Donut/Cheese stick Fruit/Juice/Milk  Both Sides Bosco Sticks w/Marinara Romaine Salad Corn Fruit & Milk
<b>27</b>	Muffin/Cheese stick Fruit/Juice/Milk  Chicken Bowl w/Roll or Cheeseburger Baked Fries Corn Fruit & Milk	<b>28</b>	Poptart/Cheese stick Fruit/Juice/Milk  Taco Pizza or Chicken Soft Taco Cowboy Salsa w/Chips Cooked Carrots Fruit & Milk	<b>29</b>	Zee Zee Bar/Cheese stick Fruit/Juice/Milk  Salad Bar w/Chicken Tenders & Roll or Grilled Cheese Sand. w/Tomato Soup & Salad Fruit & Milk	<b>30</b>	Uncrustable/Cheese stick Fruit/Juice/Milk  Rib Patties or Fish Sandwich Baked Beans Onion Rings Fruit & Milk	<b>31</b>	Super Donut/Cheese stick Fruit/Juice/Milk  Pepperoni Pizza or Stuffed Crust Pizza Romaine Salad Corn Fruit & Milk

**News**  
**Get a GREAT start to the day with Breakfast!**  
**We serve breakfast daily.**

**Breakfast - \$1.25**  
**Reduced - \$0.20**

**Schools Meals are NOT Free this year.**

**Lunch - \$3.00**  
**Reduced - \$0.40**

**Free/Reduced Applications**  
**Available on the District Website.**

**Milk Served Daily**  
**1% White & Chocolate**

**Peanut Butter or Yogurt Lunch Served Daily with Veg., Fruit, Grain & Milk**

**This Institution is an Equal Opportunity Provider.**