Nashville News

March 2024

Nashville Elementary School

13495 SR 39

Big Prairie, Ohio 44611

Phone: 330-378-2111

Jackie Swartz, Secretary www.westholmes.org

Brian Zimmerly, Principal

Board Members: Patricia Sage, Eric Strouse, Tina Zickefoose, Andrew Jones, Hans Ramseyer

Superintendent: Eric Jurkovic



Calendar of Events

PPO at 4:00
Time Change-
Spring Forward
Board Meeting @
Nashville 6PM
Literacy Night-WHHS
End of 3rd Nine Weeks
Report Cards Home
Spring Pictures
NO School
Conference Comp Day

Looking Ahead

No School on the following days... April 1-8 Spring Break





In last year's March newsletter, I gave some suggestions that would encourage open conversations with your children at home. This year, I would like to hone in on that a little bit more by talking about screen time for our students and yes, even us as adults.

The American Academy of Childhood and Adolescent Psychiatry provides some good suggestions and why it is important for children to limit screen time. Having trouble sleeping, mood changes, low self esteem, and less time with family and friends are all negative affects of too much screen time.

Suggestions that AACAP give for parents in regards to screen time include:

> Turn off all screens during family meals and outings. Learn about and use parental controls.

Turn off screens and remove them from bedrooms 30-60 minutes before bedtime.

Familiarize yourself with programming to make sure it is age-appropriate.

Talk to your child about what they are seeing. Point out good behavior, such as cooperation, friendship, and concern for others. Make connections to meaningful events or places of interest. Set a good example with your own safe and healthy screen

Teach children about online privacy and safety. Encourage using screens in ways that build creativity and connection with family and friends.

Children are very observant which is why it is important for us as parents to set a good example. When parents are preoccupied with their phone or other device, conversation becomes limited and children catch on to this, recognizing that the content of their parent's phone appears to be more important than the conversation with and well-being of their children.

Technology is a beneficial tool, but shouldn't replace quality time and conversation with friends and family.

Brian Zimmerly, Principal

March 10, 2024





Spring Pictures are scheduled for Thursday, March 28th

Prepay online at www.solidrockpotos.com or send payment at time of portrait setting.



When: Wednesday, March 20, 2024

Where: West Holmes High School 5:30-7:45

Mark the date on your calendar for an evening of fun, books,

food and Jim "Basketball" Jones.

More information will be coming home soon!

You Are Appreciated

The Nashville Staff would like to thank those that helped set up or provided food for our conference meals.

As always, everything was delicious.

Nashville/Lakeville Yearbook Sales

Yearbook orders are due March 22, 2024

Order forms are available in the office or you can place your order online by going to

https://solidrockphotos.gotphoto.com

CODE: LAKENASH24

Kindergarten Registration

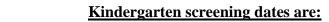
February 5,2024 - April 26,2024

Parents with children who will be five or six years old on or before August 1, 2024, are asked to register their child at the West Holmes elementary school that the child will most likely be attending.

Call the building secretary where your child will attend school. The building secretary will ask you for basic registration information about your child and sign your child up for a kindergarten screening appointment.

Once you have called and signed your child up for a screening appointment, you will receive an email explaining how to log onto the district website at www.westholmes.org and click on the Final Forms link. From there you can complete the necessary forms to register your child. Please complete this process by Monday, May 6th.

When you come to screening it is also very important that you bring a copy of your child's birth certificate, their immunizations, proof of residency, and your photo ID so that we have all the necessary paperwork on file.



May 28- Killbuck 330-276-2891 May 29 & May 30 Millersburg 330-674-5681 May 31 - Nashville 330-378-2111



