

OCTOBER 2026

WHMS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Flapstick
Fruit/Juice/Milk

General Tso's & Bread or
Chicken Patty Sandwich
Baked Fries
Fruit & Milk

2 Cream Cheese Bagel
Fruit/Juice/Milk

Pepperoni Pizza or Galaxy
Pizza
Romaine Salad
Corn
Fruit & Milk

5 Zee Zee Bar/Cheesestick
Fruit/Juice/Milk

Chicken Nuggets w/Mashed
Potatoes & Gravy or Baked
Fries
Green Beans – B&B
Fruit & Milk

6 Muffin/Cheesestick
Fruit/Juice/Milk

Beef Soft Taco or Taco Pizza
Refried Bean Dip w/Chips
Carrots & Ranch
Fruit & Milk

7 Uncrustable
Fruit/Juice/Milk

Meatball Sub or Deli Sub
Onion Rings
Peas
Fruit & Milk

8 Flapstick
Fruit/Juice/Milk

French Toast
Sticks/Sausage or Breakfast
Sandwich
Hash Brown/Green Beans
Fruit & Milk

9 Cream Cheese Bagel
Fruit/Juice/Milk

Pizza Sticks w/Marinara or
Stuffed Crust Pizza
Romaine Salad
Corn
Fruit & Milk

12 Zee Zee Bar/Cheesesticks
Fruit/Juice/Milk

Chicken Wrap or Sriracha
Wings
Baked Fries
Green Beans
Fruit & Milk

13 Muffin/Cheesesticks
Fruit/Juice/Milk

Sloppy Nachos or Chicken
Quesadilla w/Refried Beans &
Chips
Carrots
Fruit & Milk

14 Uncrustable
Fruit/Juice/Milk

Hot Ham & Cheese Sandwich
or BBQ Rib Patty
Onion Rings
Cole Slaw
Fruit & Milk

15 Flapstick
Fruit/Juice/Milk

Corn Dog & Mac-n-Cheese
w/Peas or Buffalo Chicken
Pizza w/Celery
Romaine Salad
Fruit & Milk

16 Cream Cheese Bagel
Fruit/Juice/Milk

Grilled Pepperoni Sandwich
or Pepperoni Pizza
Romaine Salad
Corn
Fruit & Milk

19

**NO SCHOOL
TEACHER INSERVICE**

20 Muffin/Cheesesticks
Fruit/Juice/Milk

Chicken Fajita Bowl or Taco
Pizza
Cowboy Salsa & Chips
Cooked Carrots
Fruit & Milk

21 Uncrustable
Fruit/Juice/Milk

Cheeseburger or Hot Dog
Baked Fries
Baked Beans
Fruit & Milk

22 Flapstick
Fruit/Juice/Milk

Pulled Pork Sandwich
w/Tater Tots or Loaded Pork
Tots
Cole Slaw
Fruit & Milk

23 Cream Cheese Bagel
Fruit/Juice/Milk

Cheese Pizza or Pepperoni
Pizza
Romaine Salad
Corn
Fruit & Milk

26 Zee Zee Bar/Cheesestick
Fruit/Juice/Milk

Chicken Bowl w/ Roll or
Chicken Strips
Baked Fries
Corn
Fruit & Milk

27 Muffin/Cheesestick
Fruit/Juice/Milk

Walking Taco or Quesadilla
Refried Bean Dip w/Chips
Carrots
Fruit & Milk

28 Uncrustable
Fruit/Juice/Milk

Pasta Bowl w/Marinara or
Alfredo Sauce w/Chicken or
Tomato Soup & Grilled
Cheese - Broccoli
Fruit & Milk

29 Flapstick
Fruit/Juice/Milk

COOK'S CHOICE

Fruit & Milk

30 Cream Cheese Bagel
Fruit/Juice/Milk

Stuffed Crust Pizza or Pizza
Sticks w/Marinara
Romaine Salad
Corn
Fruit & Milk

News

NO SCHOOL

Mon. Oct 19th

Teacher Inservice Day

Parent Teacher

Conference

High & Middle School

Oct 12th & 21st.

Elementary

Oct. 13th & 20th

Breakfast

\$1.50

Lunch

\$3.35

Milk Served Daily

White & Chocolate

Peanut Butter or Yogurt
Lunch Served Daily with
Veg., Fruit, Grain & Milk

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